



## The Best Level 2 Avalanche Course on the East Coast!

- Quebec's Chic Chocs are the best training ground for backcountry skiers on the east coast!
- Hut based 5 day course = lots of field time & skiing
- This longer course (5 full days + 1 evening) will go very deep in the Level 2 curriculum ensuring you have ample practice time to get your skills dialed!
- AIARE Avalanche Rescue single day course included in curriculum
- Course instructors are experienced making them great teachers
- Acadia Mt Guides Chic Choc courses are the best avalanche courses taught on the East Coast because of the incredible terrain in the Chocs and the instructors!

## The Skinny:

- 6 nights hut lodging, all breakfasts & dinners, final night dinner @ Gite du Mont Albert
- 6:1 ratio → you learn more!
- Backcountry gear required: AT/tele skis, splitboard, ski specific pack
- Cost: 1650.00
- Not Included
  - Alcoholic Beverages
  - lunches



## To Register:

- To register : Call AMG @ 207 866 7562 10am-6pm
- Deposit: 50% deposit/person @ registration, final payment: Jan 31 2019
- Detailed Info:
  - Al Mandell @ [mandell.ah@pg.com](mailto:mandell.ah@pg.com) or 207-402-1089
- Web info: <http://www.acadiamountainguides.com/>



## PERSONAL EQUIPMENT CHECKLIST

Any gear you may need can be purchased ahead of the course from Alpenglw Adventure Sports, where all Acadia Mountain Guides clients get a 15% discount off MSRP for life!!! Alpenglw will price match their in stock inventory if you find a better deal on the web for the same item. Simply send a link when you are ready to order to [shop@alpenglwogear.com](mailto:shop@alpenglwogear.com) <https://www.alpenglwogear.com/>

— PASSPORT

### SKI CLOTHING

- soft shell
- soft shell pants
- 1 R1 top or similar mid weight base layer
- 1 lite top or similar baselayer
- Base layers
- 2 prs of ski sox
- Heavy gloves
- light gloves (soft shell, windstopper)
- Ski hat/helmet
- Sleeping bag/pillow/sheet if that matters to you
- Down coat/puffy/insulation layer
- Goggles
- Sunglasses
- Balaclava
- Thermos

### SKI EQUIPMENT

- Skis, poles, boots
- probe, beacon, shovel if you have or we supply
- ski crampons
- skin wax glob stopper
- Skins
- Helmet
- Ski pack (30 L or bigger)

### ACCESSORIES

- Toiletries
- towel
- quarters for shower in CAD
- sunscreen

### HUT CLOTHING

- Have a pair of hut shoes to hang out in the hut/ Keens
- Have some sort of boot to walk to the bathrooms / down bootie.
- pants
- one shirt
- one pair shorts
- one t shirt
- 1 pr sox
- boots for going outside and sitting outside

### FOOD (INDIVIDUAL SNACKS)

- cliff bars/energy bars
- jerky
- Mixed nuts (put into 5 baggies)
- Chocolate
- Hot chocolate/tea/coffee

### AIARE L2 COURSE PARTICIPANT OBSERVER EQUIPMENT

- knotted 3mx3mm cord /or Rutschblock /or 70-100cm folding saw
- Analog snow thermometer in Celsius
- Dark colored crystal identification screen
- Magnifier (10x-15x), wide angle view
- Folding ruler in cm 2m or 1m ruler + probe
- AIARE field book from AIARE L1 course
- Pencil & spare
- Pocket knife

## **ADDITIONAL INFORMATION**

### **HUT BASICS**

- Huts: Le Corbeau
- Huts sleep 8 people in bunks with mattresses
- Huts are heated by wood stove, wood & kindling are provided. Overall we find the huts are warm.
- Huts have electricity/lights
- Bathrooms are 30 yds from the huts.
- Front country huts have showers available in the bathrooms. \$1 or so gets a fine shower.
- Gear drying is accomplished in elevated racks that work on a pulley system.

### **FOOD BASICS**

- Breakfasts & dinners will be in the huts.
- Student are responsible for lunches (eaten in the field) & beverages (coffee, Gatorade, alcohol)
- Food list will be provided separately prior to the trip – we will eat well!